

HUBBARD COMMUNICATIONS OFFICE
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Cramming ISSUE III

REVISED 10 APRIL 72
(Changes in Script)

THE "IDEAL SESSION START" DRILL

CR0000-1

NAME: AWARENESS OF THE PC - THE "IDEAL SESSION START" DRILL

PURPOSE: To train the student to raise his awareness of the condition of the pc.

POSITION: As described.

TRAINING STRESS:

An Auditor must be able to see when a pc has not eaten or slept, or what his tone level is, or is the pc auditable?

1. Student must know the Tone Scale levels verbatim, from 8.80. Coach and student go around the org. Coach has the student name the tone level of large numbers of persons until the student can spot a person's tone scale level instantly, and with certainty.
2. Then the coach has the student find someone who hasn't had enough sleep for a session. He must observe the physical and emotional aspects of the person and note these down. Do this on as many persons who haven't had enough sleep as possible. Coach then gets the student to tell him the characteristics of a person who hasn't had enough sleep. The drill is done until the student can spot someone who hasn't had enough sleep instantly and with certainty.
3. Then the coach has the student find someone who hasn't eaten, with certainty. Do the same as in 2 above until the student knows the characteristics of a person who hasn't eaten, with certainty.
4. Then the coach has the student find persons who haven't had enough sleep and who have not eaten enough for a session. Write down these characteristics in combination. Student does the drill until he can spot a person who hasn't slept enough nor eaten enough for a session.
5. NOTE: Both coach and student are expected to be familiar with the Hubbard Chart of Human Evaluation (Science of Survival), and to have a copy of this chart.

A disagreement between coach and student is not to develop into a Q&A session. It is handled by simple reference to this chart.

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- 2 -

These drills train an Auditor to a point of exact observation and understanding of the condition of any pc, thus training the Auditor in how to *ensure an ideal session start* and also precise observation of a preclear in session.

HISTORY: Developed by L. Ron Hubbard in 1971 at Flag.

Qual Aide

As amended by
XII Tech Flub Controller
from an LRH Tape Lecture
for

L. RON HUBBARD
FOUNDER

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